Quiche and Chiacchiere entice at International Night

by Cary MacDonald

ACL Ballroom set the stage for "International Night" last Monday night, where the delicacies and arts of various where the delicacies and arts of various foreign countries and civilizations were presented by six Modern Foreign Language Clubs and the classes of Portuguese and Roman and Greek classics of MWC.

classics of MWC.

The director and organizer of
"International Night," Cindy Snyder,
who studies French here, feels that not
enough people realize the cultural
benefits of learning a foreign language.
"The purpose of International Night is to make students more aware of modern foreign languages. We've placed an emphasis on culture to demonstrate that

empnasis on culture to demonstrate that there's more to language than reading and grammar." Snyder said. One of the many professors attending was John Bruckner, chairman of the department of modern foreign languages, who pointed out when quoting J.W.V. Goethe a German writer and statesman that "He who does not know another language does not really know his own."

The languages represented were French, Italian, Greek, Portuguese,

Spanish, Russian, German, plus the Greek and Roman civilizations presented

by the Classics class.

The culture provided by the students ranged from elegant gourmet foods and drinks, to dancing, singing and even fortune telling, the Fortune Teller being John Manolis, a French and Greek

The food was baked by the students such as French Quiche, Greek Baklava (a pastry), Italian Chiacchiere (also a pastry), Russian tea, Spanish Tortillas plus much more were there for the

tasting.

The German club had set the mood for their presentation with a Beer Garden, a favorite gathering place of Germans, and the French club created a rendition of a

Many forms of arts and crafts were displayed including hand made Portuguese Acobaca pottery, Cretan jewelery and the provincial clothing worn in the countries being studied.

evening culminated with short skits, dancing and singing presented by the French, German and Russian Clubs.



by Joanna Pinnea—the Bullet

Dancing was part of "International Night" last Monday night.

Mary Washington College Fredericksburg Virginia

Laraine Kelley

Kelley named in Va. Intern program

For the seventh time in the past eight years, a Mary Washington College senior has been selected for a position in Virginia's Commonwealth Intern

Laraine M. Kelley, of Waldwick, New Jersey, has been chosen as one of only five from the state who will participate in the 1975 revolving intern program within the state administrative system. The internship, which will begin July 1, 1975, and which will last for one year, allows recent graduates to work in a variety of State agencies and to particpate directly in each department's operation.

Each intern will receive one or more assignments of several months' duration in central staff and line agencies.

Placement is designed for maximum utilization of the intern's prior training and education.

Kelley, a former legislative chairman and whip for the college's student and with to the college's student association, was recently named to Who's Who in American Colleges and Universities. A political science major, she is a Dean's List student and has been selected to membership in Phi Beta Kappa and Mortar Board, the top academic honorary societies in the country.

End to keg parties recommended

by Cindi Troxell

The keg party of April 22 may be the last for MWC, according to recommendations to the administration by the security office. Chief Medford Haynes, security, cited inadequate facilities as the major reason to end these gatherings. ACL Ballroom is too small to hold the crowds and, especially, the male toilet facilities are inadequate, said Haynes. Males reportedly urinate in trashcans,

elevators, and water fountains.

Haynes feel the guests are not carefully MWC students and their guests' is too vague, said Haynes. According to Haynes, the students erect a sign saying "Keg Party" and all the undesireables of town attend to "get loaded" for a low price. Many 12 and 13 year olds are being served, said Haynes, which jeopardizes MWC liquor licenses.

The keg parties are also a fire hazard security chief. ACL can adequately hold 100 people safely but the keg parties average 200-300 people. The parking facilities are also inadequate for the crowds. Parking tickets are ignored by out of state drivers and are found on the ground, covered with obscenities, said

An incident occurred during Tuesday night's keg party between a faculty member and a rugby player from the University of Richmond which just adds to the list of trouble security has had this year, said Haynes. He seriously recommends an end to keg parties but he added that the private dorm parties have not been any trouble for security.

The incident involved the student pun ching the faculty member in the face. The faculty member pressed charges and the student was charged with assault by the city police.

med of any decision yet.

Mary Byrnes senior class president, said that class council has not been infor-

Clark named Visiting Scholar by Seminary

Elizabeth Clark, professor and chair-man of the department of Religion at Washington College, invited to be next year's Visiting Scholar at the Union Theological Seminary in New York City.

Clark, who will be on leave of absence next year from Mary Washington College, will be working on the topic "The Graeco-Roman Sources of Early Christian Misogyny" while at the

A member of the American Academy of Religion, Clark has been a member of the Mary Washington staff since 1964. She is a graduate of Vassar College and holds a masters and a doctorate from Columbia University.

Pappas, Pomfrey receive top music awards

The top annual music awards at Mary Washington have been presented to Carol Pappas and Mary Ann Pomfrey, senior music majors at the college. The awards were presented last week following a general student recital in Klein Memorial

Pappas was the recipient of the Sterling Achievement Award given by Mu Phi Epsilon, an international music honorary society. The award was presented for Pappas' contributions to the department of music and to the college chapter of Mu

Phi Epsilon. A Dean's list student and a member of the college Wind Ensemble, she is a former president of the Phi Psi Chapter of Mu Phi Epsilon and has also served as president of the student group of the American Guild of Organists.

Pomfrey was presented with the Senior Achievement Award, given annually by the Phi Psi Chapter to the outstanding senior music major. Pomfrey, a dean's list student, is a member of both the Mary Washington College Chorus and the Organ Guild.

Inside

A 1,000 MILE SOLO hiking trip in mid-western Canada this summer-see story and pictures, pp.4-5.

GINA KELLY says she is bullish on the Angus Room—see Where to Stuff, p.3.

GUILT AND DEPRESSION are the major psychological problems of MWC students—see p.7.

A good year

This is the last issue of the Bullet for this academic year-a good year for the Bullet and a good year for the college.

To its credit this year, the Bullet has attained a professional standard of journalism, has been successful in providing campus news and has evoked controversy by editorial opinion-in other words, the Bullet started to live and breath again. All of this has been possible only because of a competent staff which has put in incredible amounts of time and energy all year.

This year has also been one of frustration for the Bullet. Frustrating because in this column the same words have been seen week after week-about the problems the college faces and the actions students must take. Frustrating because week after week this newspaper has presented often disturbing campus news and then has had to wait for others to take action.

But, essentially, that is the role of this newspaper-to be the first step, to provide information. The second step is up to the readers who must decide what to do with that information. And week after week one begins to wonder-is anyone really listening out there?

That is the good news for the college this year. Students out there started to listen. There has been a tremendous growth in awareness this year by the students at Mary Washington. And while students here are still not acting-even their awareness is a real achieve-

Next year, it will be the responsibility of the Bullet to continue to help in the development of this awareness. It will be the responsibility of student government to actually organize this student awareness into student ac-

On this campus students will need to be ever watchful of the redirection of this college as it comes to grips with finances, coeducation and the community-all in the context of its past liberal arts tradition. Mary Washington must form a student lobby to work with the state legislature and to direct student action on national issues such as the Equal Rights Amendment. There is so much that can be done by Mary Washington students on this campus, in the state and in the nation. Mary Washington students have the potential to be a real political force in these areas in the years ahead.

the Bullet

Ž	Editor															Joan McAllister
2	Managina Editor															Mary Beth Donahue
DADAD	Rusiness Manager															Nina Biggar
	News Editor															Gwen Phillips
	Features Editor															Tracy Burke
1	Advertising															Barbara Saunders
1	Lavout															Diane Muro
-	Circulation															Eleanor Jones
177	Photographers															Terrie Powers
474																Joanna Pinneo
ATAL	Gumbies															Barbara Markley Peggy Unkle
45.45	Transist			•	•	•	•	•	•	•	•	•				Peggy Unkle
ALAC	Typist	;	•			•			•	٠	•	•	ľ	•	•	Ann Cante
1	Keview		*						•			•			•	TI Downian

Staff — Karen Jones, Cathi Jo Eifert, M.L. Hughes, Sharon Sheppard, Alix Grimm, Cindi Troxell, Scott Chilton, Cary MacDonald.











Turnbull's lecture

We had the pleasure of hearing Prof. Colin Turnbull's fascinating lecture about the Ik last Wednesday, and we were very impressed by (among other things) the size of the audience There must have been 120 people there, and they weren't all anthro students. And since then we've been able to talk about very little else and we hear lots of people saying the same thing. We were even more impressed when we realized how often lectures like this are attended by only 10 or 15 people; and that there were a tapping dinner and Miss de Mille's talk the same evening; and that anyway everybody is trying to finish papers. There seems to us to be discrepancy between enthusiasm shown for Turnbull and his Ik, and the statement made by President Woodard that anthropology isn't a very popular subject these days. We certainly don't agree with him and it looks as though we're not the only ones.

Yours sincerely, KT Gazunis Lisa Templeton Karen Obenshain Julie Agnew Audrey Johnson

Karateself defense cut

To the Editor:

We, the undersigned members of the Karate and Self Defense class at Mary Washington College, would like to express our disappointment that this course will not be offered for the 1975-76 session and our disapproval of the manner in which this decision was made.

We feel this course extremely worthwhile teaching one the basic self defense and karate moves. It is also in direct line with President Woodard's stated desire to offer a variety of courses by hiring part-time professors. The

steady of the maintanance enrollment indicates the number of students who enjoy this course, feel it is beneficial and wish to continue it.

We are disappointed that the administration and Physical Education Dept. have neglected to consult us about this matter that and inform us possibility the discontinuation of this course was under consideration. We have found it difficult to establish whose decision this was. We feel this is unfair and does not take the desires and needs of the students into consideration.

We, therefore, request that the Karate and Self Defense 151 be put back on the schedule and offered during 1975-76.

Alan Schwalbe Lauren Harrison Ken Garner and 15 others.

Kelly's criticism of Cellar Door

To the Editor: To Gina Kelly:

Well, Ms. Kelly, you did it again. Once again you've blessed MWC students with your attempt at a witty downgradal (sic) of an eating establishment. We refer to your article, in the April 21, 1975 edition of the Bullet, on the Cellar Door.

Having eaten at the Cellar Door we have found it to be one of the best places for food in Fredericksburg. Not only are the prices reasonable, but the food is of good quality. The salads are made fresh every day. The steaks are bought daily from Safeway (none of that frozen stuff). Most all the food is

For \$1.50, one can buy a 1/2 lb of hamburger (NO FILLERS) with a generous portion of french fries. Compare that with a ¼ lb. questionable hamburger sold for 80 cents at a popular eating establishment. Waiting will always be a problem when a person expects to have a hot, individually prepared meal.

With the purchase of a meal or sandwich seconds on all drinks (except beer) are free.

Obviously Ms. Kelly, you have not eaten in many good restaurants or you would have realized that French Dip of Beef is supposed to be roast beef on a French rool served with a cup of au jus. What did you expect? For your information, Mr. Garnett slices the beef for these sandwiches himself from a large

We think that the fact that the Cellar door has just recently reopened (under the management of Mr. Donald Garnett-who managed the Jockey Club at its prime) is a good enough reason for the restaurant to be somewhat less then crowded. We suggest that Ms. Kelly take her body down there some weekend to see how crowded it can be. Also, it would have been such a simple matter to move to another table if the speakers were bothersome.

We are amazed to find anything complimentary in your article. If figures that it was about the beer (you failed to mention that the Cellar Door is one of the FEW places which serves ICE COLD beer) and the radio station. So much for your choice of silver linings . . . Before taking Ms. Kelly's

article seriously, we invite everyone to go on down to the corner of Charles and William Streets to try the food for themselves. We'd also like to know what kind of "food" Ms. K. likes to eat and where she finds

The Cellar Door is one place in Fredericksburg where we are able and proud to take our parents, dates or just our friends. The atmosphere is pleasant, the food is good, the prices are reasonable and where else could a person get such personal ser-

Signed Mary Galpin Carol Jalbert Mimi Morrell and 11 others

More letters

Chances are that, once you've skimmed your last novel, gnawed your last pencil, gratefully relinquished your last blue book, and finally skipped the Mary Wash campus, New York won't be first on your list of summer fun spots. If it somehow is, however, there are two suggestions calculated to fulfill your frivolous and your serious inclinations.

Descent first into the depths of the Metropolitan Museum of Art. There Diana Vreeland, Special Consultant to the Museum's Costume Institute, has waved a wizard's wand and re-created the a wizara's wand and re-created the grandeur that was Hollywood. Her exhibit, "Romantic and Glamorous Hollywood Design," displays costumes from the beginnings of film through to the

The makeshift nature of costuming for films shifted and expanded with the growth of the industry. Name designers were brought in, turning their skill to producing lavish costumes and to overcoming early technical difficulties. (Costumes made for early black-and-white movies, for example, had to be tested for their grey tones:

Bette Davis' red shocker in "Jezebel" was actually a dull rust). Gilbert Adrian, Walter Plunkett, Orry-Kelly, Edith Head Irene Sharaff and others have contributed their considerable talent through the years to make film costume design a marvel of skill, deception, extravagance.

The Costume Institute's exhibit gives any film devotee the opportunity to mentally re-create some of Hollywood's best and most memorable films. Where original costumes have been lost through re-making or neglect, successful efforts have been made to engage their creators or other designers (among them Oscar de la Renta and Giorgio di Sant'Angelo) to produce copies. Stroll among the bedecked mannequins and relive: Vivien Leigh as Scarlett O'Hara trudging through the streets of Atlanta in her "curtain dress" in "Gone with the Wind;" Joan Crawford's "Letty Lynton" in white ruffled organdy; Rita Hayworth singing
"Put the Blame on Mame, Boys" in
"Gilda';" a perpetually windblown "Gilda';" a perpetually windblown Marilyn Monroe in "The Seventh Year a tuneful Barbara Streisand in

"Funny Lady." Greta Garbo in velvet Norman Shearer in peacock feathers, Fred Astaire in top hat and tails—they're all there. It's a walk through your own fantasy, and one well worth the taking.

fantasy, and one well worth the taking.
Equally satisfying, but in a different
manner is Peter Shaffer's Tony
Award-winning play, "Equus," playing
on Broadway at the Plymouth Theater.
Representing the struggle between
reason and passion, "Equus" is a
highly charged play acreaing account two highly-charged play centering around two main characters, Martin Dysart, a child psychiatrist as characterized by Anthony Hopkins, and Alan Strang, seventeen-year-old patient, portrayed by Peter Firth. Both actors have complete mastery of their roles, arousing the audience to moments of gripping tension and rueful laughter.

The precipitive action bringing the two together is Alan's act of blinding six horses at a stable where he works. Unearthing the sources of his motivation is Dysart's task and the process marks the play's movement back and forth from events of the boy's past to present

Religion, sex and commercialism all

figure in Alan's psychological dilemma. The synthesis of these three facets of modern life is the basis for Alan's generation of a new kind of worship based on a faith whose tenets are familiar to all, but unkonwn to most in its passion and orgasmic fervor.

Staging of the production is innovative: the major action takes place on a revolving platform, serving alternately as the doctor's office and space for the re-creation of scenes leading to Alan's hospitalization. Without scenery of any kind, the audience is compelled to create the setting in its own mind, relying on Dysart's monologues to supply the needed information. The horses are created by the wearing of stylized horses' heads and hooves made of metal by men dressed in dark clothes, resulting in a most effective representation of the animals which is both visually credible and aesthetically

This is a play that should not be missed. It is thoroughly captivating theater experience, not one to leave one simply pleased and satisfied, but stunned and deeply impressed by its depth and artistic

Where to stuff



in Fredericksburg

I'm Bullish on the Angus Room

by Gina Kelly

If your parents come up for the weekend to discuss the five deficiency notices they received in the mail, your great, great, uncle's sister's nieghbor died and left you his entire estate, or you have just won the Irish Sweepstakes, try to peel yourself out of those jeans, pour yourself into some fancy go-to-meeting duds, and hustle on over to the Black Angus Room at the Sheraton Motor Inn.

While eating at the Sheraton, I felt like I had already kicked and gone to heaven! Such gourmet goodies as are served there are reminscent of every foodaholic's pie in the sky. To have the pleasure, as well as the bank roll, to dine at Fredericksburg's finest restaurant is really worth the effort of replacing those grubby T-shirt and overalls (which haven't been washed since Spring break anyway!) with a more cosmo dress or

pants ensemble, basic pumps and clutch! Such appetizers as Oysters Rockefeller

for \$3.00, Cherry Stone Clams for \$2.50, and Gulf Shrimp Cocktail Supreme also and Gulf Shrinip Cockan Suprime that the for \$2.50, really begin your porking endeavors in style. The filet of Sole Veronique (\$2.25) smothered in a buttery in the form of the file of the form of the file of th cheese sauce was really "decent" according to P-2, a MWC coed lost in stuffing abandonment!

While waiting for your Combination Platter of Land and Sea, a giant South Africian rock lobster tail served with sweet drawn butter and a tender filet mignon, broiled to your taste, your succulent and juicy Prime Ribs, or your Prize Blue Ribbon Angus filet Mignon, the salad bar and all its pleasure awaits you.

Although not quite able to compete with Seacobeck's salad bar extravanganza, the Sheraton does an outstanding job in

keeping your eyes glazed and your tongue hanging out of your mouth. Two kinds of greens, onions, olives, fresh tomatoes, cheeses, a variety of pickled vegetables, crushed egg yolk, and real bacon bits are available for your gorging adventures. The blue cheese dressing is thick and creamy, and the House dressing, a gooey garlically topping, is recommended for your consumption.

If you have any room left after finishing our dinner as well as half a dozen hot and flaky rolls, the deserts served at the Sheraton gives one the same feeling that you once experienced as a child on Christmas day-supreme ecstasy!

The Creme de Menthe Parfait for \$1.35 was light and frothy, and for the more adventurous Cherries Jubilee (\$2.50) can be engulfed and enjoyed. It consists of dark delicious Bing Cherries mixed with

fine liquors, blazed with Brandy and poured foaming over a mountain of French Vanilla ice cream.

The service and atmosphere were really quite fine. The organ player will demonstrate his prowess for you by playing requests, and for all those who have taken the P.E.'s quickie ballroom dancing course, you may enjoy a few twirls on the dance floor between courses.

My only complaint is that the lobster I ordered was tough and dried out as though it had been cooking for some time.

All in all however, the money spent on such an eating enterprise was well spent. Before you graduate, or leave for the summer, rob the nearest piggy bank and go dine at the Sheraton before you forget what high class eating is. Before exams are over, you owe your stomach a break after a year of Seacobeck punishment!





371-6040 ON ROUTE 1



Fly to Europe AT STUDENT RATES!

Yes, reduced fares for students age 21 and under are back again! For further information call

FREDERICKSBURG TRAVEL AGENCY

Free phone outside room 203 ACL

Freeman's Store

714 Littlepage St.

(on the corner of Littlepage & Hanover) walking distance from campus CARRYOUT

14 different delicious subs-sandwiches Mon.-Thurs. 11 A.M.-10 P.M. fri.—Sot. 11 A.M.-11 P.M. 373-0388

Ask about our delivery service.

FREE Theatre is presenting 'Shadows on the Sand,' Wed., April 30 at 8 p.m. in Studio 13 of DuPont. With a unique atmosphere for the setting, the play releases intimations immortality.



Cards Stationery Cross_pens

3M Bookshelf games Cliffs notes & Monarch notes (Pany) FREDERICKSBURG PARK AND SHOP

1277 JEFFERSON DAVIS HIGHWAY FREDERICKSBURG, VA

Bullet/



Steve Jackson

'I feel a lot safer alone. It is usually more hassle having someone with you. I'd have to be worrying about him

Jackson is bringing only one book, and it is strictly a luxury item.

'Maintaining discipline' is the most important thing. You always run the risk of going behond your physical

Story by Mary Beth Donahue Photos by Joanna Pinneo

Student plans 1,00 Mackenzie Moun

'I'll just keep

"Everything is weight" when you are limited to 40 pounds and hiking 1,000 miles along the rugged Mackenzie Mountain Range in mid-western Canada, according to a Mary Washington student who is planning the three and one-half month solo hike this sum-

Junior Steve Jackson remembers the exact day he decided to make the trip. "It was February 15, 1966. I was looking at maps, specifically at places I had never heard anything about and wondering what was there. When I saw the Mackenzie River was almost as long as the Mississippi, I began to research it."

On May 13, Jackson will fly from Dullus airport to Fort Simpson, Canada. From Fort Simpson, he plans to hike to Tuktoyakutux, an Eskimo village on the Arctic Ocean with a population of 185 people. This dis-tance constitutes 600 air miles and approximately 800

JACKSONhopes to average 12 miles a day on the trip, hiking above the tree line to avoid the mosquiand heavy vegetation.

Although the vast wilderness has never been accurately mapped, Jackson has no fear of getting lost. "It's a lot simpler than it sounds. I'll just keep the river on my right and the mountains on my left and gauge from the smaller tributaries I cross," said

Jackson will take a compass and some topographical maps. "Marsh Bowen (professor of Geography)

cai maps. Marsh Bowen (professor of deography) is going to give me a run-down on how to read them before I leave," said Jackson.

The last available ariel photographs of the area were taken in 1949 "it's like looking at a photograph taken in 1949 and trying to identify that person 25 years later," said Jackson.

FORfood, Jackson is packing mostly grains, soy-beans and soups. He dislikes the freeze-dried camping food because it has less nutritional value and is expensive. "I have a concoction of soybeans and toma-toe soup which I hate, but eat a lot of," said Jackson with a grimace.

Jackson is bringing a rifle and a collapsable fishing rod. He said he will be hunting mainly for Arctic hare and fishing for trout. Although he is not a regular hunter, Jackson foresees little difficulty, "It's like first degree murder, the animals are totally unafraid of humans. If I shot a hare and missed he would probably sit there and stare at me and wonder what I

was doing," said Jackson.

Jackson plans to mail a food cache to the town of Norman Wells in Canada which is the approximate halfway point of the trip. Jackson will have to depend on his hunting and fishing skills to supplement the 30 day food supply he will be carrying. It takes 50 days to reach Norman Wells.

PREPARING for the trip has taken about 18

months. The slightly built Jackson is now dieting to accustom himself to the lower calorie intake on the trip. "Otherwise I'd be mentally hungry if not physi-

He walks about five miles a day wearing the heavy weight hiking boots he will wear on the trip because, "I have to break them in." He occasionally wears a weight belt to get used to the weight of his pack.

Talkative and outgoing, Jackson does not seem to be a loner. Why asked why he is going alone, Jackson answered, surprisingly, "I feel a lot safer alone. It is

mile solo hiking trip along nain Range, mid-western Canada

he river on my right and the mountains on my left'

usually more hassle having someone with you than being alone. I'd have to be worrying about him too."

Jackson denies taking the trip as a means of escap-Jackson denies taking the trip as a means of escap-ing modern living, but he does think people often play roles and wear masks. When camping, "You come to a full realization of exactly who you are," said Jack-son. "There is so much personal satisfaction. You have to be totally honest with yourself because nature is very honest

BECAUSE the trip will include hiking in mountains and on ice and extremes in temperatures, Jackson has had to plan carefully. All of his equipment is new and has been tested beforehand.

He estimates he has already spent \$3,000 on the trip but considers it an investment because he hopes to sell the story with photographs of the trip to National Geographic magazine.

A pack raft weighing 3.8 pounds will be used to ford the rivers and streams. Rapids will be a danger fac-tor and Jackson related how important it is to judge the strength of the current and to find just the right place to cross. He will wear a life preserver and tie a safety rope to his pack in case the raft capsizes.

Jackson selected a light weight polar tent because it has higher air vents than most conventional tents. "If its snowing, the snow can pile up around a tent with lower air vents and cut off your oxygen supply," said Jackson. Jackson is bringing metal spikes that attach to his hiking boots to hike on ice.

ALTHOUGH during some of his trip there will be up to twenty hours of daylight, Jackson is bringing only one book, entitled An Intimate History on Thomas Jefferson, and it is strictly a luxury item. "I won't

20 11 + 14

want one and a halt pounds of books when I get hungry,' said Jackson, but "I've been dying to read it (An Intimate History) and I saved it especially for this trip. I'll probably hike for twenty minutes before I sit down and start reading it.

I sit down and start reading it."

Jackson admits "You feel almost bored the first five or ten days until you get into it," This is the most dangerous time and Jackson is worried about this readjustment period. "I used to wake up at any noise, but after living in Madison (dorm) I sleep through everything." Sold Located.

everything," said Jackson.

Jackson described some of the dangers of the wilderness including wolves and grizzly bears. "I don't expect the right of way from a grizzly," said Jackson expect the right of way from a gireary. Said values on. He claims that it is a Jack London myth that wolves will attack humans. "Wolves won't attack you unless they have rabies," said Jackson. Then you hetter shoot them."

"I anticipate the most trouble from two legged reatures," said Jackson. He plans to skirt any Increatures. dian or Eskimo villages he comes across. "I like the Indians but I don't want to interfere with their lives,"

"MAINTAINING discipline" is the most important thing, according to Jackson. To maintain discipline one finds oneself being very meticulous about things like shaving or changing one's socks. Jackson sets up what is called a method camp every night where certain things are put in the same place every time

Jackson related an experience when he did break discipline. He wore his warm socks to bed one night while winter camping and the sock froze during the night. "When I woke up my foot really hurt, which was good. If I couldn't have felt it, I would have been in real trouble," said Jackson.

Another time while skin diving off a reef, Jackson became exhausted without realizing it, but fortunatley his diving companions recognized his fatique and stopped him from diving again. "You always run the risk of going beyond your physical limits," said Jackson, "but you tend to be a lot more conservative on a trip like this."

JACKSON has been in contact with the Royal Canadian Police who advised him not to take the trip main Police who advised him not to take the trip which until last August required an explorer's license. Because of the risk to the men searching and the expense, Jackson has told the police that he does not want an air search conducted if he does not turn in at the end of the summer.

There is at least one lost valley that Jackson hopes to explore. The vally is completely surrounded by a ridge of mountains with no easy entrance.

Jackson has been camping for 15 years, "if you want to count Boy Scouts." He spent 10 months of 1971 camping in the Olympic Mountains of Washington state and 1972 as a Peace Corps volunteer on Moen Island in the South Pacific.

Hiking is like defensive driving, according to Jackson," It's pretty serious business. You can enjoy it but you have to be thinking ahead all the time." Jackout you nave to be thinking anead all the limb. Jackson said he is going on a trip rather than an adventure. I'm not looking for adventures," said Jackson.

Jackson is hoping to be back for the beginning of the fall semester at Mary Washington. And after

that? "I have about eight more trips planned," said Jackson with a smile



Jackson with his travel gear.

by Tracy Burke
The bicentennial committee has planned a course in the American Revolution to be offered in the history department next semester, according Roger Bourdon, history professor

The course, coordinated by Bourdon, will be taught on Tuesday nights from 7 p.m. to 9:40 p.m. Bourdon said that dif-ferent professors from the history department and possibly from other departments will give various lectures open to the public as well as the members of the class. Bourdon said that by opening up the lectures to the public, people may learn important things about their country. "It's important for the people of the nation to know their past in real terms rather than in mythological ones," he said.

THIS course, Special studies: no. 471C, American Revolution, will not be run like a usual semester, according to Bourdon.

PIZZA

HUT'S

Best student

He said, "It's not going to be any harder than a 300 level course, but it won't be a watered dowy type of thing." He emphasized that the course will be based on lecture, with room for discussion. He added that he will give a midterm, a final exam possible one written

More letters from p. 2

4-7 Student reported her brown shoulder bag missing from the dining hall.

4-7 Student reported that her car had been damaged while parked on College Avenue. An estimated \$100 damage had been done on the left rear fender.

4-10 Student reported her green 3-speed bicycle was missing. The bicycle had been in Mason dorm's bike rack.

4-20 Security observed a male going into Custis dorm at 2:45 and heard other male voices in the dorm. Called the house mother and went with her to a room on second floor where seven males were found and

= Security notes =

charged with trespassing.
4-21 Four students reported that four males in a green Cutlas has used vulgar langauge and one had indecently exposed him-

4-23 Student reported that her bicycle had been damaged when someone attempted to roll it or ride it with a lock through the spokes of the real wheel. \$10 damage was done to the bicycle which was beside Virginia dorm.

4-23 Student complained of a male following her and bothering her. Security escorted the student to her dorm.

4-24 Student reported a peeping tom around Brent



Woodard's attitude on T-shirts

To the Editor:

It was with no great surprise that I read Dr. Woodard's comments about the T-shirt sale and the protest they represent.

Dr. Woodard's view that the protest was not serious seems indicative of an unreal per-ception of the attitudes of the student body. While it may be admitted that not all who purchased the T-shirts did so out of a desire to protest Dr. Woodard's policies; his decisions regarding academic, administrative, and residential concerns, it is my view, from conversation with many of the purchasers, that a concern for the integrity of Mary Washington prompted the sale, within 24-hours, of all 108 T-shir-

One wonders from his comments what he would term a serious protest and one further must keep in mind whether what he would term "a serious protest" comes under the strictures outlined in the MWC catalogue Issue 1975-76 pgs. 6-7 which states: "Should the conduct or action of a student or a group of students be detrimental to the College environment or interfere with the educational process of the institution, the

President of the College empowered by the Board of Visitors to take such disciplinary action, which may include expulsion, as he deems appropriate.

One hopes Dr. Woodard is more susceptible to constructive criticism and protest than he ould seem to be

Regards, D.M. Mulcare

Since Dr. Woodard seems so concerned with my making a profit and desires a T-shirt so much, I am quite willing to part with my own (a tan, medium) for \$22.50. All of which to be turned over to the Student Political Alliance treasury.

Springtime Sale!!! PAPPAGALLO



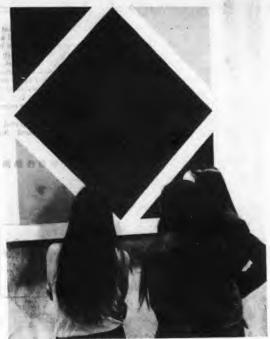
20% DISCOUNT on all slacks

for all MWC Students with ID April 28th-May 5th

discount yet! \$1.00 OFF Must have ID & this coupon 371-1111 Tues. & Wed. Nights Only 5-10 P.M. Good thru May 1975







by Terrie Powers-the Bullet

Students study a painting at the art show.

Two sophomores take honors in student art show

Sophomores took the top two honors as the annual spring student art show opened last week at Mary Washington. Glen Madison of Fredericksburg won

the Emil Schnellock Award for Painting and Tom Taylor of Manassas was presented the Julien Binford Award for Drawing during the ceremonies which marked the opening of the two-week exhibition in the galleries of duPont Hall.

Both the Schnellock Award and the Binford Award were named in honor of noted American artists who taught at Mary Washington for long periods of time, and both awards are made for overall excellence in the field rather than for one particular artistic work

The student art exhibit will be on public display through May 5, with hours from 9:00 a.m. to 5:00 p.m. during the week.

Panel discusses problems of college students

by Karen Jones
Coping with guilt and developing late identity are the problems of the college students today, according to the panel discussion on "Psychological Problems of College Students," sponsored by the department sponsored by the department sudents, sponsored by the department of psychology and the Pratt Mental Health Chapters on April 22 for Mental Health Week. Over 40 students and townspeople attended the discussion. The panelists were: Robin Gushurst, or

The panelists were: North Gushiday, associate professor of psychology, moderator; Alice B. Rabson, associate professor of psychology; Mary A. K. Kelly, director of the Mary Washington Counseling Center; Linda B. Townsend, professional assistant to the director of the Counseling Center; Mel Dowd, senior and former freshmen counselor; and Rennie Archibald, junior and freshmen

counselor.

Mary Washington College students have psychological problems that the other schools do not have? In some areas, this is true, according to Dowd. The all-girl situation raises some problems. The female attitudes toward males is "to view every guy as a potential date and look down on the Madison crew or the Trench Mouth Crew.

"WHEN the guys first came," Dowd continues," we felt threatened because there were so few of them and the girls felt afraid to associate with them because

of jealousy from the other girls."

Archibald feels that MWC is unique because there is more of a demand on the males to put on a false front. "You would not believe what the girls demand. For the first month or so, I walked around with a permanent grin."

What type of psychological problems are common at the Counseling Center? The majority of the students go to the center with social or personal problems on the positive side, according to Kelly.

The most common problem at the center is mild depression, not to the point of psychosis, but from not quite knowing how to achieve and to satisfy, as well as conflict with independence and dependence with family ties and coming grips with conflicting values with people on the hall, for example, according to Kelly.

"These are situational problems which are temporary," says Townsend. Some examples are boyfriends, parental examples divorce and careers, she said.

"Many students suffer unnecessary and prolonged guilt," says Kelly. The guilt comes from many different factors. Some are guilty for being away from home when the family is in trouble and they want to be home to play hero, according

Parental divorce during this critical

Parental divorce during this critical period due to boredom when the child is gone, makes the child think he is responsible, according to Townsend.
STUDENTS: have a "should hang-up" not only are they upset, but they feel that they are not supposed to be upset, according to Townsend. The recession causes guitt by reducing the ich market. causes guilt by reducing the job market for the females and they are left without a socially acceptable reason to leave home.
"There is a void. One is expected to go home and are not accepted; they have to come home by society's standards and because they are not married, jobless and female, many resolve to pittle at home, says Dowd.

Rabson adds that there a double ambivalence: the parents wonder when they can get their child out of the home and at the same time are ready for them to come home. She notes that in terms of engagements, there are now more engaged freshmen than seniors and today's seniors are more vague in their plans for family life.

Archibald says that there is difference between men and women. Men are more cold-blooded toward graduation and tighten their belts more because the competition is high. Women, on the other hand, have several alternatives. They are prepared academically, but not socially.

Townsend helps the students to cope

with guilt resulting from the above common situations by helping them to realize that the world is not what it is supposed to be.

'Sometimes guilt is healthy. It is how you feel when you break a rule you believe in," says Gushurst.

Another big mental health problem, according to Rabson, is alcoholism. The problem is spreading to the elementary schools and is very prevalent on college it campuses because acceptable.

'It is typical to work with a student who knows another student who drinks and wants to know how to help them.'

"There are a lot more young alcoholics running around then we realize," said

405 seniors in line to earn BA

Four hundred and five seniors are in line to earn baccalaureate degrees when Mary Washington College holds its traditional graduation ceremonies on Saturday, May 17. This year's total will represent a ten per cent increase over last

represent a ten per cent increase over last year's graduating class.

The 1975 commencement will begin at 6:30 p.m. in Ball Circle. Major annual awards to be presented during the ceremonies are the Darden Award, which is given to the senior who attains the highest academic aware during the four is given to the senior who attains the highest academic average during the four years of study at Mary Washington, and the Grellet C. Simpson Award for Excellence in Undergraduate Teaching, which is presented to an outstanding faculty member. faculty member.

The featured speaker for the event will be Dr. Prince B. Woodard, President of Mary Washington College.

Auray awarded Scholarship

Barbara Auray, a sophomore at Mary Washington, has been named the recipient of the 1975 Grellet C. Simpson International Scholarship and will spend the next academic year at the University of Bath, England.

Auray, a mathematics major, was chosen for the \$2,500 Alumni Association award from among a dozen applicants. The selection was made by a committee composed of alumni and faculty representatives who gave consideration to her academic standing and to the solid integration of foreign study with her academic program at Mary

Washington.
The Upper Saddle River, New Jersey, native will study both mathematical and economics at the University of Bath and will return to MWC for her senior

The Grellet C. Simpson Inter-national Scholarship, named in honor of the former President of the College, was begun in 1973. Last year's recipient, Heidi Klussman, is presently studying in Munich, Germany,



Spring's first signs

At Spring's first signs last week, students gathered at a favorite sunning spot, the porch of Randolph and Mason.

MWC elbows out top-seated Bridgewater, 7-5

by Alix Grimm

In the last game of the season, MWC's lax women rallied in the last three minutes of a hard fought game to squeeze out previously undefeated Bridgewater College 7-5.

The Eaglelets from

Harrisonburg demonstrated a ferocious defensive attack led by goalie Mandeville and an equally powerful offensive attack.

MWC, however, displayed a strong defensive unit led by the skillful management of Pierre Arnold, goalkeeper, with assistance from first home Raynor Wall, point Val Walters and Barb Schulties, cover point.

The blue and white passing attack, although slower than usual, was given more than its share of troubles as the Eaglelets maintained a steady offensive drive by remaining

closely intact. Right attack wing, Joan McDorman, center Liz Irving and Lorrie Skeen, second home, each drove home a goal to leave a half time score of 3.0

With precious time left, the pressure mounted as Bridgewater returned to the field and hustled in five goals reversing the lead in their favor, 5-3. The goals were scored by left attack wing Lou Moore (1), second home Nancy Harker (3)

and center Sharon Will with (1).

Soon the crowd was on its feet and the MWC team did not disappoint them. When Skeen scored the fourth MWC goal in

the remaining three minutes, everything fell into place. Her goal was immediatley followed by another from third home M.L. Hughes, one from McDorman, and, once again, another by Skeen, freezing the score at 7-5.



Lax team members play as individuals at tournament

by Mary Beth Donahue -

Even though the Mary Washington Lacrosse team is usually judged as a team the players were judged this past weekend as individuals in the Virginia Women's Lacrosse Association state tournament at Hollins College in Rospués.

ment at Hollins College in Roanoke.

Every team played three other teams at the tournament as a panel of five coaches observed and chose individual players to be members of four teams ranged according to skill. These four teams will represent Virginia in the southern district tournament to be held May 17, 18 outside of Baltimore.

Again there will be a selection of individuals for new teams and these teams will represent the Southern district in the National Lacrosse championships. Finally from these teams will be chosen twelve players to make up the United States Lacrosse team.

Last year seven members of the Mary Washington Lacrosse team went to the Southern district tournament and four of these players went on to the nationals. All seven are back this year and according to April Tooke, one of the seven, they are all hoping to go again

to April Tooke, one of the seven, they are all hoping to go again.

Although MWC finished its season with seven wins and one loss and one tie, they were the only team to beat the otherwise undefeated Bridgewater College. Because of this win they went to the state tournament with a certain amount of prestige. Unfortunately they could not prove that the loss (Madison) and the tie (William and Mary) were only flukes since they were not seeded to play these teams in the tournament.



by Joanna Pinneo-the Bullet.

Mary Lynn Booker, left, evades a Bridgewater defensive player.

PART TIME HELP WANTED . . . ALL SHIFTS

Apply in Person

Hostess—Cashiers—Food Handlers

Western Rib Eye Family Steak House

Four Mile Fork, Fredericksburg, Va.





· (All gear and lessons provided)

Scubahamas representatives will be on

campus to discuss the package & take

reservations.



Gara's

house of fashion

slacks sweaters skirts fun skirts long skirts swimwea pantsuits dresses jewelry perfume cosmetics hats handbags

fashions for all occasions

present your student ID at time of purchase and receive 10% discount at all times on all items.

major credit cards

Master Charge

314 B William Street Fredericksburg, Va.

373-7501

Non-profit organization Bulkrate PAID Permit No. 216 Fredericksburg, VA